

"Reinvent Yourself in Italy:

Designing the Next Stage of Your Life"

Sorrento, Pompeii, Capri, the Amalfi Coast, Naples and more!

05 – 11 June 2011

Are you longing for a deeper fulfillment in life, while you continually ask the question "Is that all there is?" Have you experienced a recent change in your life, sensing the need of a life makeover, a new direction, a new purpose for living? Would you like to enjoy the simple pleasure of traveling with friends who are committed to personal development and transformation? Would you like to create a new future, big or small, for your life or your business? Well now there is a program that will help you find your inner Michelangelo in Italy! Italians have a true flare for life and this program allows you to discover what makes Italy so special: a base of culture, history, and ancient spirituality. Join Italy lecturers Marie Fratoni and Joseph Walker on this special program while rediscovering yourself and that which makes you happy in life!



Your special program:

Sunday 05 June: [Benvenuti in Italia / Welcoming meal](#)



Welcome to Italy! We will meet at La Flora Hotel in Sorrento, located very near the town center and the Circumvesuviana Train Station. At 6:30 PM we will meet in the lobby of the hotel for some welcoming cocktails and orientation before moving to a traditional restaurant for a welcoming meal consisting of delicious local

delicacies and local wine.
Overnight in Sorrento

Monday 06 June: [Morning Workshops](#)

Breakfast anytime between 07:30-09:30 a.m.

Workshop 09:30 a.m. -12:00 p.m.

Lunch Free-time 12:00-2:00 p.m.

Workshop 2:00-4:00 p.m.



Balance of the day is yours! You may enjoy shopping or site-seeing in Sorrento or taking advantage of the sights and sounds of the marina area. Welcome to la dolce vita!

Overnight in Sorrento

Tuesday 07 June: Amalfi Coast Tour / Workshop



After breakfast, we enjoy a workshop 08:30-10:00 before embarking on a tour of the Amalfi Coast. This drive is one of the most beautiful in the world as mountains, towering 3,000 feet above, descend dramatically like spears into the turquoise waters below. Small villages,

including the famous *Positano*, hang precariously over the edge tumbling down to the sea and the lush vegetation is amazing! Welcome to heaven! Our travel program will end today in Vietri sul Mare, one of the most famous places in Italy for ceramics and pottery!

Evening: Optional dinner together where we share our day's discoveries.

Overnight in Sorrento

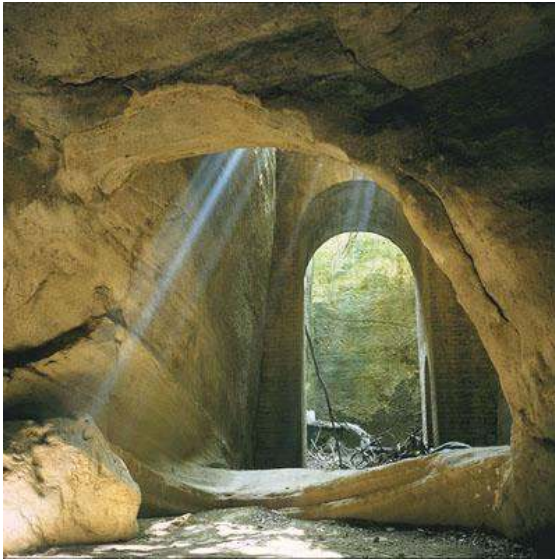
Wednesday 08 June: Pompeii / Workshop

07:30-09:00 a.m. Breakfast at your leisure

0900-11:00 a.m. Workshop
Afterwards, we depart for Pompeii. After some free-time for lunch in the shadows of Vesuvius, we will discover this ancient Roman town whose fortunes ended in A.D. 79 only to be resurrected as a major tourism destination in recent times. *Evening* and overnight back in Sorrento. Optional supper together.



Thursday 09 June: Cumae and the Campi Flegrei / Naples / Workshop



After breakfast we head Northwest of Naples to a romantic region known as the Campi Flegrei, or “burning fields”. We will explore the ancient port of Pozzuoli, where the apostle Paul, Julius Caesar, and even Cleopatra once frequented! We will also visit mysterious Cumae, the oldest Greek colony in Western Europe (dated 775 B.C.), and Lago D’Averno, the magical entry way into Hades. This area is where many of the ancient Greek legends were created and where many say, the Roman Empire actually began...it was also the area where “la dolce vita” started and you will see why

as we traverse vineyards, lemon groves, mountains, and exotic bays! Afterwards we will venture through Naples discussing the cities’ highlights!

4:00 – 6:00 p.m. Workshop
Overnight in Sorrento

Friday 10 June: Capri / Individual Assignments & Back to the Future Party!

If you have not visited the most beautiful isle in the Mediterranean, here is your chance. After breakfast, we embark a boat in the marina of Sorrento for the 45 minute ride to Capri. This island is famous for having been where the Emperor Tiberius ruled the Roman Empire nearly 2,000 years ago, for its villas and current jet-set lifestyle, and for having panoramic views of the seas, sands, and the Italian mainland....lunch included!



Rest of the day free on Capri

Evening: We will enjoy a “reveal” of our individual assignments over cocktails at our back to the future party starting at 7.00 pm before partaking in an amazing and delicious meal with local wines!



Overnight in Sorrento

Saturday 11 June: Arrivederci!

After our last breakfast, we are free to depart for the Naples International Airport (Capodichino) or to enjoy the day locally...

Your Specialized Italy Program:

Price per Person: \$1,785.00 per person (in double accommodations)

Single Supplement: \$599.00pp

Price Includes:

- 7 days and 6 nights hotel in Sorrento (4 Stars, centrally located) with breakfast
- All seminars and discussions as per itinerary with private room
- All tours as per itinerary *including* entry fees
- All transportation as per itinerary with professional driver
- All guides and program leader as per itinerary
- Welcoming Meal, welcoming cocktail, lunch on Capri, & farewell supper w/wine

Price does not Include:

- Airfare (can be handled separately or by contacting Italy Revealed)
- Individual Travel Insurance (request from Italy Revealed if desired)
- Items of a personal nature such as passports and documentation
 - Your passport must have at least 6 months validity left when entering Italy.
- Gratuities and anything not specifically mentioned as included



How to Reserve:

Contact Italy Revealed at 404-437-6377 or reservations@walkertravels.com . You will need to make a 20% deposit at the time of seat reservation.

Who Should Attend: You will benefit from this program if you...

- Experienced a recent life-changing situation
- Recently divorced or separated from a loved one
- Were laid off, downsized, or plan to seek a new career
- Want to transition from employee to entrepreneur
- Simply want a “life makeover”
- Want to experience “purposeful travel”
- Love growing personally and professionally



POST Tour Extension to Rome available 11-13 June Includes: 3 days and 2 nights of a centrally located 4**** hotel, tour of ancient Rome, tour of Christian Rome (Vatican Museums and Sistine Chapel) *Inquire with Italy Revealed if desired!*

Your Hosts:

Marie Fratoni:

M.Ed. is a dynamic and powerful speaker, coach, and consultant. She brings a wealth of talent, experience and excellence to her programs, demonstrating a high level of commitment and expertise. A community leader, Ms. Fratoni has held various leadership positions through the years. She was a founder of the Women's Success Network, a senior consultant with the Employers Association, the Atlanta Coaching Alliance, and a member of the American Society of Training and Development. Her greatest passion is sharing her love and enthusiasm for Italy and the joy and inspiration that it brings to everyone who visits this wonderful land.



Joseph Walker:

This tour is led in conjunction with Joseph Walker's Italy Revealed. Mr. Walker received his M.A. in History from the *University of West Georgia* in 1994. Overall, he has lived half of his life in Italy and has directed travel, entertainment, and sports programs for the US military stationed in Europe. Joseph has also been a consultant for various US and European TV documentaries focusing on Italy and has written extensively on his travels. Having a classical academic background, a long history with cultural activities in Italy, and having a deep knowledge of Italian language, culture and history, Joseph and his staff of dedicated professionals will make sure that this *unique trip* to Italy is one of the best ever undertaken.

